

Mary Wise

menu and shopping guide



FRESH, CANNED, flake or frozen, Louisiana yams adapt to many ways of cooking. Serve them often with all kinds of meats.

Yams In Good Supply

The word yam can be traced to the Senegalese word "Nyami," meaning "to eat," and it is certainly appropriate for the Louisiana yam, one of the South's most famous vegetables.

Right now the supply of fresh Louisiana yams is very good and it will continue this way into spring. Here are some serving suggestions:

- COCONUT BROILED LOUISIANA YAMS**
- 8 medium yams, cooked, peeled and halved, or 3 cans (1 lb. each) Louisiana yams, drained and halved
- 1 1/2 cups shredded coconut
- 1/4 cup melted butter or margarine
- 1/2 cup firmly packed brown sugar
- 1/4 cup heavy cream
- 1/4 cup red maraschino cherries

Arrange yams in lightly greased shallow 2-quart casserole. Sprinkle with 1 cup coconut. Combine butter, brown sugar and cream; mix well and pour over yams and coconut. Top with remaining 1/2 cup coconut and cherries. Broil 4 to 5 inches from source of heat 4 minutes, or until coconut is lightly browned.

Send in Your Favorite Recipe For New Contest

Do you have a favorite recipe you make up especially for the holiday season? Is it a pudding, a cake, a pie, a salad? Whatever it is, write it out and mail it in for this month's Mary Wise Recipe of the Month contest. Winner will receive a \$20 merchandise order from any grocery store advertising in this paper.

Anyone may enter, except employees of this newspaper. All entries become property of the paper and entries of runners-up in the contest will be published as space permits. Entries must be postmarked on or before Nov. 13. One entry per envelope, please. Be sure to include telephone number, if any.

TAKE LIFE EASY TONIGHT

with heaping bowls of hot buttered JOLLY TIME

- PRIZE YAM CHIFFON PIE**
(Makes 9-inch pie)
- 1 env. unflavored gelatin
- 1/4 cup cold water
- 3 eggs, separated
- 1 1/2 cups sugar
- 1/2 tsp. salt
- 1/4 to 1/2 tsp. cinnamon
- 1/4 tsp. nutmeg
- 1/4 tsp. ginger
- 1 1/2 cups mashed cooked yams (about 3 medium yams)
- 1/2 cup milk
- Baked 9-inch graham cracker pie shell
- 2 tbs. coarsely chopped pecans

Sprinkle gelatin over cold water to soften. Beat egg yolks slightly in saucepan; mix in 1 1/2 cups sugar, salt, spices, yams and milk. Cook and stir over low heat until thickened. Add gelatin, stirring until dissolved; chill until slightly thickened. Beat egg whites until foamy; gradually beat in remaining 1/2 cup sugar until stiff. Fold into yam mixture; pour into pie shell. Sprinkle with pecans; chill until firm, about 3 hours.

- Graham Cracker Pie Shell**; Mix together 1 1/2 cups graham cracker crumbs, 3 tbs. sugar and 1/2 cup butter or margarine, melted. Press firmly over bottom and sides of 9-inch pie pan. Bake at 350 degrees for 10 minutes. Cool.



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FOR SERVICE . . . Kenneth W. Pickrell (left) and Harold S. Minor, both of Torrance, synchronize the new watches they received as 40-year veterans of U.S. Steel's Torrance Works during an awards luncheon held last week. The luncheon honored 11 employees of the firm celebrating 25, 30, 35, and 40 years of service with the Torrance works.

Service Honored By Firm

Anniversaries for long, loyal, and laudable service were reached by 11 employees, representing 300 years' employment, at U. S. Steel's Torrance Works.

Forty-year men included Kenneth W. Pickrell of 2541 Sierra St. and Harold S. Minor of 1631 216th St. Both men work in the rolling mill department.

Eric C. Betts of 2376 Maricopa Place reached the 30-year mark and eight employees received commemorative pins for 25 years' service.

Torrance residents include John A. Frederick, 1553 W. 220th St.; Orville Duncan, 2456 W. 236th St.; Floyd P. Galloway, 2165 Sierra Ave.; Willard E. Wicker, 1723 Andra; Floyd E. Billings, 5001 Calle de Arboles, and Ferdinand Ludwig, 19923 Ingrum Way.

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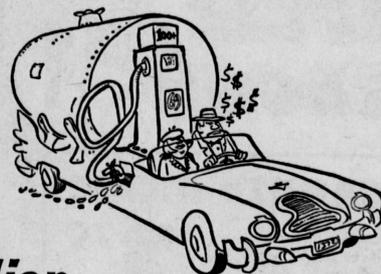
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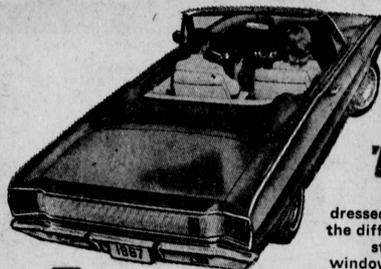
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